

JENET I. JACOB, Ph.D.

Assistant Professor
School of Family Life, Brigham Young University
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EDUCATION

- University of Minnesota, Ph.D.** September 2003 – June 2007
Family Social Science
Areas of Emphasis: Teaching in Higher Education
Dissertation: *Factors Associated with Congruence Between Adolescent Work and Family Expectations and Adult Work and Family Experiences*
Advisor: Dr. Kathryn Rettig, Professor
- Brigham Young University, M.A.** August 1997 – 2000
Linguistics
Area of Emphasis: Teaching English to Speakers of Other Languages
Thesis: *Readability and Second Language Learners: Factors of Difficulty*
Advisor: Dr. Ray Graham, Associate Professor
- Brigham Young University, B.S., Cum Laude** August 1992 - April 1997
Major: Nursing
Minor: Music, GPA: 3.89
Senior Capstone Research: *Effects of Cetoflurane on Pediatric Post-Surgical Patients*

SCHOLARLY INTERESTS AND AREAS OF RESEARCH

Maternal Well-Being: Maternal wellbeing in the work-family interface across the life course; Choice and constraint in mothers' work-family decisions; Financial constraints and maternal wellbeing; Maternal wellbeing and maternal sensitivity; Relationship quality and maternal stress.

Maternal Practice: Emotion work in mothering and fathering; Maternal paradigms and practices across socioeconomic levels; Maternal practices and maternal and family wellbeing.

Family Centered Community Building: Community-based outreach that promotes active citizenship and civic renewal around family-oriented issues; Democratic citizen models of intervention and cultural change.

ACADEMIC AND PROFESSIONAL POSITIONS

Assistant Professor School of Family Life, Brigham Young University	August, 2007-Present
Graduate Research Assistant Community Engaged Parent Education, University of Minnesota Children, Youth, & Families Consortium, University of Minnesota College of Human Ecology, University of Minnesota Minnesota Rural Families Speak, University of Minnesota Cross-Cultural Adaptation of Parenting Models, University of Minnesota	September, 2003- June 2007
Graduate Instructor Department of Family Social Science, University of Minnesota	September 2005 – May 2006
Research Fellow The Heritage Foundation, Washington D. C.	September - December 2004
Program Director Pre-Law English Training Program, Tsinghua University, Beijing, China	February – May, 2003
Supervisor & Executive Council Member English Language Center, Brigham Young University	August 1999-August 2002
University Instructor Tsinghua University, Beijing, China	August, 2002/2004
Curriculum Advisor & Teacher Trainer American Heritage School, American Fork, Utah	May – July, 2002
University Instructor English Language Center, Brigham Young University	January 1998 – August 2002
Graduate Teaching Assistant Family Sciences Department, Brigham Young University	September – December 2003
Graduate Teaching Assistant Linguistics Department, Brigham Young University	September 1998 – May 1999
Undergraduate Teaching Assistant College of Nursing, Brigham Young University	May, 1997-August, 1997
Registered Nurse Pediatric/PICU Unit, Utah Valley Regional Medical Center, Provo, Utah	August 1997 – May 1998

PROFESSIONAL MEMBERSHIPS

National Council on Family Relations Member	September 2004 – Present
Association for Research on Mothering Member, Reviewer	August, 2007- Present
Minnesota Student Council on Family Relations Treasurer	January 2004 – May 2004

SCHOLARLY PUBLICATIONS

Refereed Journal Articles

Jacob, J. I. (2008). Work, family, and individual factors associated with mothers' attaining their preferred work-family situations. *Family and Consumer Sciences Research Journal*, 36(3), 208-228.

Jacob, J. I., Hill, E. J., Allen, S. M., Mead, N. L. (June, 2008). Dinnertime as a mediator between work hours and work and family outcomes. *Family and Consumer Sciences Research Journal*, 36, 310-327.

Jacob, J. I. (2008). Community initiatives: The origins of an international conversation about birthday party pressure. *International Journal of Family Sociology*, 34(1), 77-90.

Jacob, J. I., Bond, J. T., Galinsky, E., & Hill, E. J. (2008). Flexibility: A critical ingredient in creating an effective workplace. *The Psychologist-Manager Journal*, 11, 141-161.

Hill, E.J., **Jacob, J.I.**, Shannon, L L., Brennan, R.T., Blanchard, V.L., & Martinengo, G. (2008). Exploring the relationship of workplace flexibility, gender, and life stage to family-to-work conflict, and stress and burnout. *Community, Work, and Family*, 11, 165-181.

Hill, E. J., Whyte, R. O., **Jacob, J.I.**, Blanchard, V.L., Duncan, S., Dollahite, D. C., & Wadsworth, L. (2008). Fathers' religious and family involvement at home: Work and family outcomes. *Open Family Studies Journal*, 1, 56-65.

Jacob, J. I. (2007). The social-emotional effects of non-maternal child care on children in the USA: A critical review of recent studies. *Early Child Development and Care*, 177.

Hill, E. J., Allen, S., **Jacob, J. I.**, Bair, A. F., Bikhazi, S. L., Cox, A., Martinengo, G., Trost, T., & Walker, E. (2007). Work-family facilitation: Generating theory using a qualitative assessment. *Advances in Developing Human Resources*, 9(4), 507-526.

Jacob, J. I. (2007). Effects of nonmaternal child care on children's social-emotional development. *Synthesis Papers*. The Heritage Foundation: www.heritage.org

Commissioned Reports/ Book Chapters

Hill, E. J., Martinengo, G., & **Jacob, J. I.** (2007). Work and father involvement. In S. E. Brotherson and J. M. White (Eds.), *Why fathers count*. Journal of Men's Studies Press.

Erickson, M. F., & **Jacob, J. I.** (2006, November). *Mothers and employment: Fresh insights on the gap between actual and preferred work situations of American mothers*. Minneapolis, MN: Work-Life Summit, 2006.

Jacob, J. I. & Doherty, W. J. (2006). Healthy family systems. In Minke, K. (Ed.), *Children's Needs III: Development, Prevention, and Correction* (pp. 661-674). National Association of School Psychologist (NASP): Bethesda, MD.

Jacob, L. A., & **Jacob, J. I.** (2005). Creating a home of learning. In Klein, S. & Hill, E. J. (Eds.), *Creating Home as a Sacred Center* (pp. 261-272). Provo, Utah: Brigham Young University.

Hill, E. J., **Jacob, J. I.**, & Bair, A. F. (2005). Home and Community. In S. K. Klein and E. J. Hill (Eds.), *Creating home as a sacred center: Principles for everyday living* (pp. 369-378). Provo, UT: BYU Academic Publishing.

Scholarship in Progress

Jacob, J. I., Allen, S., Hill, E. J., & Martinengo, G. (revise and resubmit). *Mature workers in context: Work-family linkages in early, mid, and late career*. *Journal of Marriage and Family*. (JCR = 1.756)

Martinengo, G., Jacob, J. I., & Hill, E. J. (revise and resubmit). *Gender Differences in Work and Family Experiences: Exploring Differences across Family Life Stages*. *Journal of Family Issues*. (JCR = .956)

Gudmunson, C., Holmes, E., & Jacob, J. I. & (revise and resubmit). *Relation of parental self-efficacy to social support for parents: A meta-analytic review*. *Journal of Applied Developmental Psychology*. (JCR = 1.055)

Jacob, J. I. (under review). *Facing Reality: Adolescent Girls' Work and Family Expectations and Adult Realities after Motherhood*. *Journal of Family Issues*. (JCR = .956)

Jacob, J. I., Martinengo, G., & Hill, E. J. (revise and resubmit). *Putting Work and Family Experiences in Context: Differences by Family Life Stage*. *Human Relations*. (JCR = 1.103)

Doherty, W. J., Jacob, J. I., & Cutting, B. (in press). *Community Engaged Parent Education: Strengthening Civic Engagement among Parents and Parent Educators*. *Family Relations*. (JCR = .871)

Jacob, J. I. & Holmes, E. K. (under review). *The Gap between Ideal and Actual Work Situations: Implications for Maternal Wellbeing*. *Journal of Marriage and Family*. (JCR = 1.76)

Jacob, J. I. & Kay, N. (in process). *The Package Deal: Work-family Conflict as a Predictor of Parenting Quality and Child Outcomes*. *Journal of Family Psychology*.

Hill, E. J., Jacob, J. I., & Ferris, M. (in process). *Workplace Flexibility, Work Hours and Work-life Difficulty: Comparisons in Four Regions Representing 75 Countries.*

Research Projects Currently in Process

From Workplace to Families: Fulfilling the Promise of Hochschild's Emotion Work System (2008-2009).

Dr. Howard Bahr and I initiated this exploratory study to test the applicability of occupational instruments to measure and evaluate emotion work done by mothers and fathers in the family setting. Previous research has not examined gender differences in family emotion work. The measures used have masked the measurement of felt emotion and perceptions of display rules as originally intended by Hochschild. As a result, emotion work done by both mothers and fathers has been unrecognized and misunderstood. A research proposal was submitted to the College of Family, Home and Social Sciences, Brigham Young University for 2008-2009. The project will involve focus groups, face-to-face interviews, and phone interviews with a sample of mothers and fathers in Utah County. Funded budget: \$6,040

The Changing Landscapes of Women Project:

This project is part of a larger, multi-state study on "The Changing Landscape of Women in America: Understanding Work, Family, and Personal Issues" (W-1167; MIN 52-018). This project was implemented with my graduate advisor, Dr. Kathy Rettig, at the University of Minnesota to: (a) determine the major challenges, concerns, satisfactions, and needs of a target group of *professionally employed mothers* that are related to work, family, and personal flourishing or fulfillment; (b) identify the media and information sources used and their perspectives on these sources, to resolve and/or confront these challenges; and (c) assess the extent to which these messages facilitate or inhibit the struggles to achieve healthy work, family, and personal lives. While at the University of Minnesota I participated in conducting 4 focus groups. The project has continued in Minnesota including 4 other focus groups.

The Community Engaged Parent Education Project:

This project is in its 3rd year and nearing completion. The project was implemented under the direction of Dr. William Doherty at the University of Minnesota in Early Childhood & Family Education classes throughout the state. Its purpose has been to help parents develop their capacity for reflection and civic action on public issues related to the well-being of children and families. The project was funded by the McKnight Foundation. I am currently coordinating and completing data analysis of the project and preparing manuscripts for publication that discuss this innovative project.

Professional Journal Editing & Review

2007-present Reviewer for Professional Journals
 Family Relations: Interdisciplinary Journal of Applied Studies (FR) (April, 08)

Peer-Reviewed Presentations at Professional Conferences

Jacob, J. I. (2008, November). *Facing Reality: Adolescent Girls' Work and Family Expectations and Adult Realities after Motherhood*. *Journal of Family Issues*. Poster Presentation for National Council on Family Relationships Conference, Little Rock, AK., USA

Hill, E. Jeffrey, **Jacob, J. I.**, Shannon, L., & Crouter, A. (2008, March). *Working Mothers and Working Fathers: How the Use and Outcomes of Workplace Flexibility Differ by Gender and Life Stage*. Presentation for Work, Stress, and Health Conference, Washington D.C., USA.

Erickson, M. F., & **Jacob, J. I.** (2006, November). *Mothers & Employment: Fresh Insights on the Gap Between Actual and Preferred Work Situations of American Mothers*. Presentation for the Work-Life Summit, Minneapolis, Minnesota.

Allen, S., **Jacob, J. I.**, Hill, E. J., & Martinengo, G. (2006, November). *Mature workers in context: Work-family linkages in early, mid, and late career*. Paper presented at the 68th annual conference of the National Council on Family Relations, Minneapolis, Minnesota.

Hill, E. J., Allen, S., **Jacob, J. I.**, Mead, N., & Ferris, M. (2006, March 22). *What's for dinner? Dinnertime and job flexibility as mediators and moderators*. Paper presented at the BYU Families and Work Research Conference, Provo, UT.

Whyte, R., **Jacob, J. I.**, & Hill, E. J. (2006, March 20). *Relationship of fathers' religious and family involvement to work and family outcomes*. Paper presented at the BYU Families and Work Research Conference, Provo, UT.

Hill, E. J., Allen, S. M., **Jacob, J. I.**, Mead, N. L., & Ferris, M. (2005, November 17). *Dinner time as a mediator between work hours and work and family outcomes*. Paper presented at the 67th annual conference of the National Council on Family Relations, Phoenix, Arizona.

Jacob, J. I. (2001, February). *Readability and second language learners: Factors affecting difficulty in narrative texts*. Paper presented at the 35th annual Teaching English to Speakers of Other Languages International Convention, St. Louis, MO.

Community/Outreach Presentations

Doherty, W. J., Zwicky, L., **Jacob, J. I.**, Seabury-Kolod, T., Printz, J., Ehard, J., West, M. (2007). *Parenting wisely in a Too Much of Everything World*. A community presentation given to a group of 250 parents at Highland Junior High School in St. Paul, MN on January 16. Following this launch-event I presented our project on *The Today Show* in New York City on January 18, 2007.

Jacob, J. I. (2007). *Successful Parenting in a Too Much of Everything World*. A community presentation given to the St. Paul 2nd Ward, June 24, 2007, St. Paul, Minnesota.

- Jacob, J. I.** (2007). *Meaning in the Mundane: The Hidden Power of Mothering*. A community presentation given to the Lakeview 8th Ward, September 22, 2007, Orem, Utah.
- Jacob, J. I.** (2007). *The Hidden Power of Family Routines and Rituals*. A community presentation given to the Hillcrest 6th Ward, November 14, 2007.
- Jacob, J. I.** (2008). *Meaning in the Mundane: The Power of Mothering*. A community presentation given to the Marriage and Mothering Society, March 11, 2008, Highland, Utah.
- Jacob, J. I.** (2008). *Mothering: Can We See What It Really Is?* Presentation to the Andersen Family Legacy Conference, March 14, 2008, Orem, Utah.
- Jacob, J. I.** (2008). *Parenting Wisely in a Too Much of Everything World*. Family Lecture Series, American Heritage School. March, 14, 2008, American Fork, Utah.
- Jacob, J. I.** (2008). *Meaning in the Mundane: The Power of Mothering*. A community presentation given to the Lakeview Stake, April 3, 2008, Orem, Utah.
- Jacob, J. I.** (2008). *LDS Perspectives on Gender, Marriage and Sexuality*. Invited presentation to the Anscombe Society at Princeton University, April 10, 2008, Princeton, NJ, USA.
- Jacob, J. I.** (2008). *Meaning in the Mundane: The Power of Mothering*. A community presentation given to the Geneva Heights Stake Women's Conference, May 31, 2008, Orem, Utah.
- Jacob, J. I.** (2008). *To Be or Not To Be: Notes on the Meaning of Maternity*. A community presentation to women's book club. May 28, 2008, Draper, Utah.
- Jacob, J. I.** (2008). *To Be or Not To Be: Notes on the Meaning of Maternity*. A community presentation. September 18, 2008, Draper, Utah.
- Jacob, J. I.** (2008). *Mothering: Can We See What It Really Is?* A community presentation given to the Lakeview Stake 4th Ward, October 14, 2008, Orem, Utah.
- Jacob, J. I.** (2008). *LDS Perspectives on Life and Abortion*. Invited presentation for "Respect Life Sunday" hosted by Respect Life at Princeton University, October 5, 2008, Princeton, NJ, USA.

PROFESSIONAL DEVELOPMENT

- Health Insurance Portability and Accountability Act (HIPAA) Training** September 2003
University of Minnesota
A web-based training session on protecting confidentiality according to the Health Insurance Portability and Accountability Act of 1996.

Preparing Future Faculty

Spring 2004

University of Minnesota

A multi-disciplinary course designed to prepare graduate students for teaching at the college level.

Institutional Review Board (IRB) Training

May 2000

Brigham Young University

BYU faculty training to review studies for exempt status that would be done at the BYU-English Language Center

INTERNATIONAL RESEARCH EXPERIENCES

Family Systems Clinical Work Researcher in Monterrey, Mexico

January 2004

Delegate to the World Congress of Families II Geneva, Switzerland

November, 1999

Health Researcher & Nursing Assistant in Central Guatemala

May – July 1995

Study abroad: Brigham Young University Jerusalem Center

September – December 1993

TEACHING EXPERIENCE

Courses Taught:

HFL 371: *Work and Relationships in the Home*

- An upper-division research seminar on the history of home economics and family work and its relationship to family and individual wellbeing.
- One of six required HFL upper-division core courses.

HFL 100: *Home and Family Living: Creating Home as a Sacred Center*

- Introductory, undergraduate-level course on everyday processes in family life
- Required foundation course for all Home and Family Living majors.

FSOS 1101: *Intimate Relationships* (University of Minnesota)

- Introductory, undergraduate-level course on healthy family relationships
- Required foundation course for all Family Social Science majors.

HONORS AND SCHOLARSHIPS

Heritage Foundation Social Science Research Fellow

September – December 2004

Linguistics-TESOL Outstanding Master's Thesis Award

J. Jacob- 9
August, 2000

Linguistics-TESOL Outstanding Master's Prospectus Award

March, 2000

Abrelia C. Hinckley Scholar for Academic Excellence

August 1996 – April 1997

Full-tuition Scholarship, BYU College of Nursing

August 1995 – April 1996

Brigham Young University Academic Scholarship

August 1992 – May 1995

Miss Orem

May 1995 – May 1996

Community Service Award for International Humanitarian Aid

May 1995

REFERENCES

Available upon Request.